Outline

<u>Dr. Henry Cloud presents "12 Christian Beliefs That Can Drive You Crazy". Chapter 2: If I'm spiritual enough, I will have no pain or sinfulness.</u>

Small group discussion questions:

1) Have you ever felt that your pain meant that you must be doing something wrong? How were you taught to believe that?

2) Are you hurting today? Do you think that doing more of something will make the pain go away?

3) How can you change the way you view pain? Can you admit that there is some pain and hurt you need help with?