

Outline

Dr. John Townsend presents “12 Christian Beliefs That Can Drive You Crazy”. Chapter 3: If I change my behavior, I will grow spiritually and emotionally.

Small group discussion questions:

- 1) Describe a time when you tried to fake happiness. What was the result?

- 2) What is the difference between deeds that transform you and deeds that put you on the operating table? Can you identify those deeds?

- 3) Have you been hiding your true feelings behind certain behaviors or actions? How and when do you do this?