

SOLUTIONS

Outline

Dr. Henry Cloud presents “12 Christian Beliefs That Can Drive You Crazy”. Chapter 9: Guilt and shame are good for me.

Small group discussion questions:

#1) How much does guilt affect your life?

#2) Who or what has the power to make you feel guilty? What are your key areas of guilt?

#3) Where can you go to find acceptance and not condemnation, in order for the voices in your head to be rewritten?