Dr. Henry Cloud

SOLUTIONS

S-970

Outline

7 Deadly Sins: Envy

Healthy desire comes from the real self and from a genuine place in the heart, but envy comes from a very different place. Envy is not about simple healthy desire; envy defines the good as "that which I don't have". It devalues what I do have, comparing it to what I don't have but want. We believe something will make us happy, yet when we get that thing, the cycle starts all over. Envy idealizes what we don't have, creating emptiness within us. Join Dr. Cloud as he helps you understand the destructive effects of envy, how it develops, and how to begin to change this pattern in your life. He will show you how to get your desires connected to your heart and your real self, and loosen the hold caused by this pattern of envy. There is hope! Romans 12

Small group discussion questions:

1) Do I have an envy pattern?

2) What is the emptiness about? What healthy desire has remained unfulfilled?

3) What steps am I going to take to begin to get real fulfillment in my life?
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