Monday Night Solutions

DÉJÀ VU PEOPLE/DIG IT UP Dr. Henry Cloud

NOVEMBER 1, 2004 MNS-674

In this first part of our new, five-part series, Dr. Cloud introduces you to "déjà vu people" (he'll tell you why he calls them that). These are the people you admire, the ones who always seem to find what they are looking for in life. As you listen, it should become clear that the success these people enjoy is fully available to you, too—it isn't reserved for an elite class of gifted people. In the second part of the presentation, you'll learn the first of Dr. Cloud's "Nine Things You Simply Must Do"—the principle of "digging it up." Digging what up? And why? As you find out, you'll discover the importance of looking at, listening to, and being mindful of your internal life—the life that stirs you deep inside.

Outline

Introduction: Déjà vu people

#1. The big surprise

#2. Why we miss it

#3. Life is predictable?

Principle 1: Dig it up

#1. From the inside

#2. Not all good

#3. Sowing and reaping

DVD small group discussion questions:

- 1. What do I think about success?
- 2. How do I dig?
- 3. What are my lost dreams?
- 4. What steps can I take to dig?