Dr. Henry Cloud

SOLUTIONS

S1031

Outline

Boundaries with Your Adult Child

Many parents today have children who have reached the age of adulthood, yet are resisting accepting the role of independent adults. This is not how God intended life to work for them—or for you. What should you do to help them launch? Dr. Cloud will help you develop a plan to get your adult off the couch and into a full and productive life— something you both really want.

Small group discussion questions:

1) Do I resent my adult child because I continue to give support, but don't see any positive changes or increase in responsibility?

2) What things will I do to be *responsible to,* rather than *responsible for* my adult child?

3) What will I require from my adult child? List specific changes, certain attitudes, or behaviors - and what the consequences will be if these requirements are not met.