Dr. Henry Cloud

## Outline

## God Will Make a Way-Principle 4: Leave Your Baggage Behind

Adam & Eve were created as complete adults without a past. Our journey was very different; we arrived incomplete in the world, beginning our journey as infants. As we grew up, we gathered a wide variety of experiences—both negative and positive—which have shaped and molded us. It is important that we don't allow the negative experiences of the past to affect our present and our future. Our baggage can interfere with us getting where we want to go. Join Dr. Cloud as he helps us evaluate the patterns and experiences that have affected us in life. We can leave our past behind!

## Small group discussion questions:

1) Can you identify one negative experience from your past that still affects you today?

2) What steps can you take to eliminate the effects of your past?

3) What are some ways you can get a more realistic view of yourself and your value?