S1000

How to be a Best Friend Forever-3 Part Series

## Outline

## How to Move Someone from Friend to Best Friend-Part 3

We may be very intentional about many areas of our lives, yet have a very casual attitude about our friendships. Friends often meet accidentally, discover they have things in common, and then develop a friendship. Some of our friends, but not all of them, have the potential to become a best friend. We do need a few "Best Friends", but we need to be active in finding these people. If you are married, your spouse should not be your only friend - you need a few others. So how do you become more intentional? Dr. Townsend will give you a formula to moving current friends into the best friend role.

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Small group discussion questions:
1) Do you currently feel like something is missing in your life? Do you feel lonely?
2) Which of the steps listed (initiative, structure, risk, covenant, time, monitoring) presents the greatest obstacle to you?

3) Think of a time when you were intentional about friendship. How did that work out?