Dr. Henry Cloud

S1051

Safe People Series

Outline

Introduction to Safe People

We all know that bad things can happen to good people – but another truth is that sometimes bad *people* happen to good people. We were designed by God to draw life not only from Him, but from others. Because we are not self-sustaining, we need other people in order to live rich and full lives. Connection with good, safe people affects all areas of life: from our health, to our performance, to our emotional well-being. But how do you know what to look for in significant relationships? Often we are unaware that we are actively or passively drawing people that hurt us. If your "people-picker" is broken, this series will help you repair it. You'll learn what unsafe people are, and how to recognize them. You'll see clearly what your own issues are in attracting the wrong type of people. And, best of all, you'll discover what a safe person is, and what traits you should look for.

Small group discussion questions:

1) Do you have an awareness of unsafe people in your life? Are there people you should actively avoid?

2) Can you name specific situations where you were duped by things you should have seen?

3) Write down and make note of the differences between the fruit in your life resulting from your safe relationships – as well as from your unsafe ones.