

SOLUTIONS

Outline

The Law of Happiness-Happy People Think Well, Happy People are Grateful, and Happy People are Givers

This presentation will cover these 3 laws of happiness Happy People Think Well (Chapter 9), Happy People Are Grateful (Chapter 10), and Happy People are Givers (Chapter 2).

Small group discussion questions:

#1: Where do I have negative thinking? What positive thoughts do I need to replace it with?

#2: What am I grateful for? Who can I express that to?

#3: In what context of life can I develop structured giving? What will I give?