



CLOUD-TOWNSEND

RESOURCES



Loving People, 3: **Truth Telling—Solving Problems**

Featuring

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Best-selling co-author of Boundaries series,

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Visit CTR at www.cloudtownsend.com

I. Truth telling: the problem-solving part of love

Telling the truth is not the fun part of love, but it's a valuable part

Every healthy relationship has to have a certain amount of honesty to it

II. Why should love be honest?

Connection is not enough for growth

Truth helps people take ownership of how they affect others

Truth telling helps make people stronger

Truth telling gets us out of jail

Love and truth are meant to work together

*Lovingkindness and truth
have met together;
Righteousness and peace
have kissed each other.
—Psalm 85:10*

III. Why is truth valuable?

Truth itself brings awareness

Truth brings resources—advice, suggestions, wisdom

People need help with “What do I do now?”

Truth gets us past our fears

Truth helps us resolve deeper character issues

You must integrate love and grace with truth

People who get nothing but truth feel condemnation

IV. Motives

Bad motives for telling the truth:

- Revenge

- Relief

Deal with your pent-up feelings somewhere else

- Control

Be an advocate for the other's freedom to choose against you

Why? Because God made the universe so no one changes without being free not to change

Two good motives for telling the truth:

A problem needs to be solved

You want a loving connection

V. Next steps in “truthing”

- Bring the truth to yourself

- Give up any demands for the other to like the truth

- Ask for specific change

- Stay with your definition of love, not the other's

Wounds from a friend are better than many kisses from an enemy.

—Proverbs 27:6

If I say to the wicked, “You shall surely die,” and you give them no warning, or speak to warn the wicked from their wicked way, in order to save their life, those wicked persons shall die for their iniquity; but their blood I will require at your hand.

—Ezekiel 3:18

Next week on *Solutions*: “Loving People, 4: Healing—Restoring the Broken”

Resources

BOOKS:

Loving People

By Dr. John Townsend
www.cloudtownsend.com

Who’s Pushing Your Buttons?

By Dr. John Townsend
www.cloudtownsend.com

Hiding from Love

By Dr. John Townsend
www.cloudtownsend.com



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