

It's Not My Fault Small Group Study – 8 Sessions

Session 3: You Can Always Find a Choice

Sometimes we underrate the choices we have in life; and it can be difficult to look past our current circumstances in order to explore our options. There are multiple ways to do things and to get our needs met. If we don't realize that we have the freedom to make choices, we'll also have problems learning to adapt—and adapting is essential to our success in life. Join Dr. Townsend as he reviews four key areas of life, and shares some great insight on what to do if you feel you have already tried everything.

Small group discussion questions:

1) In my personal and professional life, where do I limit myself or live in one lane?

2) Do I feel there is only one way to go, or one choice in a specific area?

3) Do I know a positive person who will listen to me, yet can challenge me to take the blinders off?