Dr. Henry Cloud

It's Not My Fault Small Group Study – 8 Sessions

Session 5: You Can Get Connected

As created beings, we were not designed to be self-sustaining; we need outside sources (fuel). Rather than allowing this truth to make us fearful and anxious, we need to embrace it and look for the vital connections that will sustain us. Learn how you can get plugged into the sources that will help you meet your goals. Dr. Cloud shares some ways you can find fuel for your life in God, relationships with others, and information.

Small group discussion questions:

1) In what areas of your life do you find yourself struggling?

2) What sources are you missing?

3) What actions can you take to connect with the sources you need?