

It's Not My Fault Small Group Study – 8 Sessions

Session 7: You Can Deal with Failure

When you lose, do you look for someone or something to blame? A large part of success in life comes from knowing how to lose well. Anyone who has accomplished anything significant in life has experienced failures along the way; it's how we learn. If you are able to normalize failure, you can accept your humanity and imperfection, and move forward. In this session, Dr. Cloud teaches you not only what to do when you fail, but how you can learn from failure, and begin to see it in a more positive light.

Small group discussion questions:

1) What does failure mean to me?

2) What are my normal responses to failures?

3) What plan can I make to deal with a failure I am currently facing?