



CCN WEEKLY SOLUTIONS SERIES
THE WEEK OF SEPTEMBER 29, 2008



The One-Life Solution, 8: Sticky Wickets

Featuring
Dr. Henry Cloud
Psychologist
Best-selling co-author of Boundaries series,
author of The Secret Things of God

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The structure of this seminar: Seven topics that couldn't be left out

Topic 1: Never hire someone you can't fire

- Someone in the family who works for you

The problem: In families, you don't get fired

- A friend

It doesn't work well with someone who's immature and cannot give each side of the relationship its due

Tips:

- Before you hire, ask why
- Give appropriate position and authority
- Name the elephant in the room
- Set clear expectations: write it down
- Have a plan for conflict
- Have an exit strategy in place from day one

Topic 2: Rein in your nurturing impulse

- Why are you doing this? "Is my helping helping?"
- Make sure your helping isn't getting in the way of bossing
- Structure it apart from the work

Topic 3: Weigh carefully a spouse's advice

- If you don't have to deal with the consequences, set your spouse free to use your advice or not
- If it's a character issue, put your foot down

Topic 4: A season vs. something that's unsustainable

Seasons: you know they're going to end

When you're overextended, ask: Is this a season, or have I created a pattern?

Topic 5: Manage the manager

Refer the problem to the people who can do something about it

Good leaders want to know

If you can't talk to leaders that way, it may not be a good place to be

Topic 6: The difficult boss

A boss has real power and psychological power

- Ask: Why does this person have the power to make me feel bad?
- Talk to the boss directly—and there's strength in numbers
- “Do I want to spend my life being held captive to this person's abuse?”
- You can build firewalls
- If you have the power, hire a coach or teambuilder

Topic 7: Do the hard thing first

Do we take the pain on our terms, or does the pain take us on its terms?

Don't wait till something blows up

**Next week on *Solutions*:
“I Do, 1: Love at First Sight”**

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The One-Life Solution

by Dr. Henry Cloud

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