

Rescue Your Love Life Series #2

Outline

My Lover Should Make Me Happy

Have you brought into the fantasy that it is your spouse's responsibility to make you happy? Sometimes we ask marriage to fix the incomplete parts of us, and expect our partner to be our "other half". Dr. Cloud does a little relationship math, demonstrating what happens when two "half people" come together. Dependency doesn't make for good relationships; you need to make your own growth a priority, and support one another in that process. Learn the key things a marriage needs to work, as well as what you can do in order to create the relationship you desire.

Small group discussion questions:

1) Do I need to get over the happy wish?

2) In the needs listed, how are we doing in meeting each other's needs, and the perception of how our needs are being met?

3) What do we need to address – and how can we get the help we need?