## Solutions

S1067

Rescue Your Love Life Series #3

## Outline

## My Lover Should Be Perfect for Me

Do you have a written or mental list of all the attributes your "perfect person" must possess? You may be surprised to learn that there is no one out there who will fit that list; and often, the traits you desire couldn't possibly exist within the same person! In this session, you'll learn that you can't have both the "ideal" and love – one has to go. Dr. Townsend shared the importance of giving grace to one another in failures – and gives some tips on how you can be more vulnerable with each other. You're not perfect and neither is your lover – but you can have a great connection as *real* people.

Small group discussion questions:  1) From where did you get your perfectionistic attitudes?
2) Ask each other: "Where have you felt judged by me?"
3) What are some differences about each other that you can love and celebrate?