

Rescue Your Love Life Series #4

Outline

My Lover Should Never Hurt Me

When people go into marriage expecting perfection, they are in for a big surprise. The reality is that people are imperfect – and imperfect people will hurt each other, unintentionally, and sometimes even intentionally. Those hurts can build over time, and you may be tempted to give up. How can you learn to truly accept one another, in spite of your flaws? Dr. Cloud lists steps you can take to tackle the hard issues, while still affirming one another and honoring your commitment.

Small group discussion questions:

1) How do I have an unrealistic idealization of how I think marriage ought to be? What fantasies do I need to give up?

2) What are the good things that I have forgotten or do not express about my spouse?

3) How are we doing with addressing and resolving our problems? If we're not doing well, what help do we need to get?