

SOLUTIONS

Safe People Series – Chapter 1

Outline

What is an Unsafe Person?

To have a healthy body, you need to take in healthy food. If your food is spoiled, the bacteria will harm you and make you sick. People that come into your life can be much the same; they can have “bugs” in them, sometimes as a result of how they were raised. Because your human tendency is to be attracted to outside appearances, you don’t always recognize character issues early in relationships— but over time, these issues will come out. In order to be able to discern character, you need to know what to look for. Dr. Cloud points out three categories of unsafe people to help you better *evaluate* (not judge) others, and thus avoid entrusting yourself to the wrong people.

Small group discussion questions:

1) Think of an example of one of the types of people Dr. Cloud talked about, and what you experienced as the fruit of that.

2) Was that the only time you were involved with such a person— or do you see a pattern?

3) How did you experience the result of trusting your heart to someone who abandoned you?