

Safe People Series – Chapter 11

Outline

Where are the Safe People?

Unsafe people are all around us – and we can also be unsafe at times. Churches can be a great source, but not all churches are safe. So how do you find the right kind of people who will love you as you are, but also want to help you become a better person? It takes energy to find restorative friendships or support groups. Join Dr. Townsend as he outlines some ways to find the good people you need.

Small group discussion questions:

- 1) Why has it been a challenge for you to find safe people?

- 2) Which source do you need to find energy in – a church, a friendship or a support group?

- 3) Who will you be accountable to this week that will make sure you work toward your goal of finding safe people?