

Safe People Series – Chapter 3

Outline

Interpersonal Traits of Unsafe People

God is clear on this: *It is not good that man be alone*. Relationship is the fuel of life; it gives us energy and strength. To be complete, you need other people in your life—but those people need to be the *right* people. Have you ever found yourself in an unhealthy relationship where you experienced a lack of connection, or felt controlled by the other person? Dr. Townsend explains that a person's true character emerges over time—and he helps you recognize some warning signs that unsafe people exhibit in relating to others. Knowing these traits will help you make better choices.

Small group discussion questions:

1) Which of these four interpersonal traits in others are you most vulnerable to, and why is that?

2) Who are you waiting for to move toward you – and how long are you willing to wait?

3) Who needs the time test?