

Session Ten – Where Have You Been and Where Are You Going?

1. The you *above* the you---look and learn

2. The honeymoon is over

3. Return to the goal

Life Coaching Webinar

4. Desire vs. Priority---no choice

5. How are you measuring progress?

6. What has helped and why?

7. What has slowed you down and why?

8. What has surprised you?

9. Action steps to change