12 LIFE SKILLS

Session One – Problem Solving Copyright John Townsend, Ph.D. 2013

Don't Accept the Way Things are – Solve It!	
I.	What is a "Problem" Really?
II.	Why You Need This Skill
III.	Attributes of Great Problem Solving
IV.	Obstacles to Push Through

12 LIFE SKILLS

V. Critical Keys to Learning the Skill

Conclusion