

12 LIFE SKILLS

Session Four – People Smarts: Whom You Invest In

Introduction

I. The Most Important Decision About Any Decision

- A. What you are attracted to vs. what you experience

II. Character Is Everything

- A. Two Sides To A Wake

III. Dynamics of Who To Trust

- A. Connection through understanding....see past themselves
- B. Intent and Motives
- C. Capacity
- D. Character
- E. Track Record

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IV. Specific Patterns

A. Permission To Play

- a. Morality 101
- b. Observing Self
- c. Responsibility
- d. Values
 - 1. Narcissistic
 - 2. Lusts
 - 3. Eternal virtues

B. Feedback Diagnosis

- a. Wise
- b. Fool
- c. Evil

C. Connection

- a. Empathy
- b. Vulnerability
- c. Presence

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D. Sets and Respects Boundaries

E. Has ideals, and deals with failure of self and others

F. Has a life of adult pursuits and functioning as self-sustaining

V. Other Traits