



Three unique 5-day intensive workshops offered by GrowthSkills Foundation

In person workshops are conducted by Dr. Henry Cloud and Dr. John Townsend

Ultimate Leadership – Ultimate Leadership Plus – One Week Intensive for Counselors

For over 20 years, Dr. Henry Cloud and Dr. John Townsend – clinical psychologists and NY Times Best Selling Authors – have used their growth model in workshops, treatment clinics, books, radio, and within the corporate and leadership coaching world. Millions have been helped to reach their full potential, resolve career problems, relational struggles, depression, anxiety disorders, addictions, character disorders, and family dysfunctions.

Each of these workshops is designed for Leaders, Counselors and anyone interested in reaching their full potential. All three workshops include:

- Lectures by Drs. Henry Cloud and John Townsend along with other qualified instructors
- Process groups throughout the week led by highly skilled facilitators with your assigned team.
- Individual and Team activities designed to increase awareness and accelerate growth.
- A Personal Action Plan segment to help you create a practical plan for growth after the workshop.
- An opportunity to continue your growth work with your team and a GSF approved Coach (Growth365)
- 5 nights lodging at the Ayres hotel in Costa Mesa, California, most meals, and all materials.
*Workshops start Monday morning with a Sunday night check-in and a Friday late-morning wrap up

The primary difference between the 3 workshops is the content of the lecture topics. A brief description of each workshop is included.

[Ultimate Leadership](#) focuses on the character issues that are affecting how we work and relate to others. These learned behaviors are affecting both our personal and professional relationships. Who we are on the inside affects everything we do and how we interact with the people in your area of influence. The result is often not what we desire but because of “blind spots” and unresolved patterns we cannot change on our own. New information combined with new experiences and relational connections brings about significant change. Designed for those in a leadership role, Pastors, ministry & non-profit leaders, business owners, managers etc.

[Ultimate Leadership Plus](#) presents teaching topics focused on the thinking patterns that influence every important area of your life. These patterns may be unconscious; however, these are wired into how you relate to others, how you approach challenges and the choices you make. Too often the results keep you from living fully and experiencing success. This interactive workshop will help you face life with more insight, clarity, and confidence. This is ideal for anyone influencing others in a business, or ministry setting, including Alumni of other GrowthSkills workshops or first-time attendees in a life transition.

[One Week Intensive](#) teaches a growth model that focuses on the whole person and not on symptoms alone. Attendees learn how to use differential diagnostics to identify character issues driving psychological disorders, treatment interventions and techniques to further growth and solve treatment resistant issues that hinder growth. Designed to help those in helping roles be more effective, therapists, lay counselors, mental health professionals, teachers, coaches. *CE authorization approved by NBCC.*

Registration fee for Ultimate Leadership, The One Week Intensive and Ultimate Leadership Plus is: \$2950.

For information on how to register, call 1-949-660-0866 or email Debra@growthskills.org

Please visit GrowthSkills.org